

Baxter

MEMORIAL LIBRARY

SEPTEMBER GREETINGS FROM BAXTER MEMORIAL LIBRARY!

Hidden Gems of Maine

**Tuesday
September 15
2 pm**

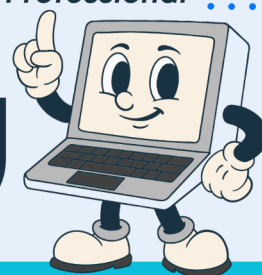
An updated fun and inspiring talk that highlights beautiful, lesser-known places to visit across Maine during the autumn – from cozy getaways and scenic drives to hidden trails, local artisans, and small-town adventures.

Presented by Nigel Osborne, Maine State Visitor Information Center Manager, with new and fresh information since Nigel's last visit!

TECH ISSUES? QUESTIONS?

Get your questions answered by a
certified IT Professional ...

Join Cody
every Wednesday
from 3-4:30pm
in the
Schneider Room



STORYTIMES ARE BACK!

- **Toddler & Family Storytime:**

Now on Tuesdays at 10am

- **Baby Storytime:**

Wednesdays at 9:30am

- **Preschool Storytime:**

Now on Thursdays at 10am

**EARLY RELEASE
MAKERSPACE**
WEDNESDAY
SEPTEMBER 16TH
1-2:30PM

Book Group

September 10

We the Women: The
Hidden Heroes Who
Shaped America
by Norah O'Donnell

September 24

Book of Lost Hours
by Hayley Gelfuso

**Meets at 10:15am in the
Schneider Room -
all are welcome!**

Baxter Memorial Library and the American Heart Association's Rural at Heart Initiative
present

HEART HEALTH AWARENESS SEPTEMBER!



**Tuesday, September 8th, 2 pm:
Spotting and Responding to Heart
Emergencies**

Do you know how to recognize a heart emergency? Learn to recognize the warning signs of cardiac arrest, heart attack, and stroke, and how to help. This presentation includes a hands-only CPR demonstration! CPR, especially if performed immediately, can double or triple a cardiac arrest victim's chance of survival.



**Tuesday, September 22nd, 2 pm:
Life's Essential 8 - How to Improve your
Heart Health**

How do you want to live? Along with eating right and being active, real health includes getting enough sleep, keeping mind and body fit, connecting socially, and more. Life's Essential 8 are key measures for improving and maintaining cardiovascular health. Better cardiovascular health helps lower the risk for heart disease, stroke and other major health problems. Learn the steps you can take to live a healthier lifestyle.



September 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 5:30pm French Language Discussion Group	2 3-4:30pm IT: Ask Me Anything	3 6pm Library Trustees Meeting	4	5
7 LIBRARY CLOSED FOR LABOR DAY	8 10am Toddler and Family Storytime 2pm Spotting and Responding to Heart Emergencies	9 9:30am Baby Storytime 3-4:30pm IT: Ask Me Anything	10 10am Preschool Storytime 10:15am Book Club 6:15pm Friends of BML Meeting	11	12
14	15 10am Toddler and Family Storytime 2pm Hidden Gems of Maine	16 9:30am Baby Storytime 1-2:30pm Early Release: Maker Space 3-4:30pm IT: Ask Me Anything	17 10am Preschool Storytime	18	19
21	22 10am Toddler and Family Storytime 2pm Life's Essential 8 for Heart Health	23 9:30am Baby Storytime 3-4:30pm IT: Ask Me Anything	24 10am Preschool Storytime 10:15am Book Club	25	26
28	29 10am Toddler and Family Storytime	30 9:30am Baby Storytime 3-4:30pm IT: Ask Me Anything			Key: Adult Program Youth/Family Program *=Please Register

For an update on our events, please visit our online calendar at www.baxterlibrary.org or call 207-222-1190 for more information.